

The Five Day Academy for Spiritual Formation offers a daily rhythm designed for rest and renewal. The rhythm includes times for worship, study, silence and solitude, prayer, spiritual friends — all within the context of Christian community. After you register additional information will be sent regarding daily schedule and reading recommendations.

**March 7 - 12, 2010**

Sunday 5 PM through Friday noon

**The Prothro Center at Lake Texoma**

Pottsboro, Texas

[www.prothrocenter.org](http://www.prothrocenter.org)

**Double Occupancy**

\$450.00 by February 1, 2010

\$500.00 after February 1, 2010

**Single Occupancy** (availability limited)

\$550.00 by February 1, 2010

\$600.00 after February 1, 2010

A **\$100 non-refundable deposit** is due with registration. The balance of the registration is due by March 1, 2010.

Cost includes lodging, all meals, snacks, and tuition.

**Accommodations**

The beautiful grounds and facilities of The Prothro Center at Lake Texoma provide the setting for this Five Day Academy experience. Rooms are motel style with private bath; bed and bath linens are provided. Meals are taken in the dining room overlooking a cove on Lake Texoma. A prayer labyrinth is available on the grounds, along with hiking trails.

The Prothro Center at Lake Texoma is a ministry of hospitality, owned and operated by the North Texas Conference of the United Methodist Church.

**Recommended by:**

North Texas Annual Conference

The United Methodist Church

Central Texas Annual Conference

The United Methodist Church

Trinity-Brazos Area of the Christian Church

(Disciples of Christ) in the Southwest

North Texas Area of the Christian Church

(Disciples of Christ) in the Southwest

**Leadership:**

**Woodrow Weilage**

*Retreat Leader*

**Lindsay Churchman**

*Worship Leader*

**Martha Jacobson**

*Covenant Group Leader*

**Deborah Jones**

*Hospitality*

**Ben Read**

*Book Display*

**For more information, please contact:**

**Rev. Woodrow Weilage**

3926 Old Denton Rd.

Carrollton, TX 75007

[pastor.woody@verizon.net](mailto:pastor.woody@verizon.net)

972.492.9393

The **5** day

Academy  
for

spiritual  
formation®



**March 7-12, 2010**

The Prothro Center at Lake Texoma

**“Markings”**

*“Following a path prepared by others...”*

*Preparing a path for others to follow”*

**AN UPPER ROOM® MINISTRIES RETREAT**

# 2010 Five Day Academy Faculty

## Dr. Elaine Robinson

Saint Paul School of Theology at  
Oklahoma City University



Elaine Robinson is  
Academic Dean of  
Saint Paul School of  
Theology at Oklahoma  
City University and  
Associate Professor of  
United Methodist  
Studies and Christian  
Theology, and an ordained elder in the  
United Methodist Church.

Dr. Robinson previously taught at  
Brite Divinity School at Texas Christian  
University. She did her seminary training  
at Perkins School of Theology and her  
Ph.D. at Emory University. Prior to going  
to seminary, Dr. Robinson served in the  
U.S. Air Force for 10 years.

She is the author or co-author of three  
books: *Godbearing: Evangelism  
Reconceived* (The Pilgrim Press, 2006);  
*Considering the Great Commission*, with  
Stephen Gunter (Abingdon, 2005); and  
*These Three: The Theological Virtues of  
Faith, Hope, and Love* (The Pilgrim Press,  
2004). She has been involved in the  
Academy for Spiritual Formation since  
2000.

## Dr. Doug Skinner

Senior Minister of Northway Christian Church  
(Disciples of Christ) - Dallas, Texas



Doug Skinner, in  
addition to being a gifted  
minister, is a sought after  
spiritual director and  
retreat leader. He has a  
Certificate in Spiritual  
Direction from the Pecos  
Benedictine Monastery in  
Pecos, New Mexico, and is an Oblate.

As the spiritual presenter, Doug will be  
using the Psalms of Ascent (120-134) and  
some of the classic spiritual maps that others  
who have gone before have left behind. We  
will mark our own journeys to God.

Doug's capable leadership has extended  
beyond Northway as he has served as the  
Moderator of the Christian Church in the  
Southwest and as the Vice Moderator of the  
General Assembly of the Christian Church  
(Disciples of Christ). Doug has also served on  
a variety of local and church boards and task  
forces, and is heavily involved in the  
ecumenical partnership, Friendship Among  
Faiths.

Doug is the author of *At the Lord's Table:  
Communion Prayers for All Seasons*. He is  
also working on several new books with  
Chalice Press.

## ASCENT: FOLLOWING THE TRAIL

## REGISTRATION FORM

Name (as you wish on your name tag): \_\_\_\_\_  
Lay \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_  
Clergy \_\_\_\_\_ Age: \_\_\_\_\_ under 40 \_\_\_\_\_ 56-70 \_\_\_\_\_ above 70 \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Daytime Phone \_\_\_\_\_ Email \_\_\_\_\_  
Church \_\_\_\_\_  
Preferred Roommate \_\_\_\_\_  
Special Needs: (includes handicap accessibility; dietary need; and medical): \_\_\_\_\_

Please complete all information. This information is confidential and will only be used for covenant group assignment.

Send check payable to NTC (North Texas Conference) to:

Rev. Woodrow Wellage • Aldersgate UMC • 3926 Old Denton Rd. • Carrollton, TX 75007